

## LIVE WEBINAR

Wednesday, February 26, 2020 • 12:00 PM ET/9:00 AM PT

# Women and Heart Disease: Is there really a sex difference?

Presented by: **Martha Gulati, MD**Professor of Medicine  
Chief of Cardiology  
University of Arizona  
Phoenix, Arizona

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Please note: Advance registration is required for participation.

## Program objectives:

At the conclusion of this program, participants will be able to:

- Discuss sex differences in cardiovascular health and outcomes
- Explain the cardiovascular symptoms and differences in care for men and women
- Identify sex-specific cardiovascular risk factors to prevent cardiovascular disease and events

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Dr Gulati is passionate about the study of women and heart disease and prevention of heart disease. She is the principal investigator of the St. James Women Take Heart Project, a study examining cardiac risk factors in women, which set new standards for women's fitness levels and heart rate response to exercise in women. She also is a co-investigator on the Women Ischemic Syndrome Evaluation (WISE) and previously served as a co-investigator on the Women's Health Initiative (WHI). She is the author of the best-seller, [Saving Women's Hearts](#), Editor-in-Chief of the American College of Cardiology "CardioSmart"—the patient education and empowerment initiative—and serves as chair of the national chest pain guidelines. Dr Gulati completed medical school at the University of Toronto, Canada. She went on to complete her internship, residency, and cardiology fellowship at the University of Chicago. A fellow of the American College of Cardiology and the American Heart Association, she is board certified in cardiovascular disease.

Continuing Education  
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