

LIVE WEBINAR

Tuesday, April 2, 2019 • 12:00 PM ET/9:00 AM PT

# Detecting and Managing Insulin Resistance

Presented by: **Atul Sachdev, MD**

Founder, New Horizon Healthcare, Baytown, TX

Clinical Assistant Professor,  
Department of Family and Community Medicine,  
Baylor College of Medicine, Baytown, TX

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Please note: Advance registration is required for participation.

## Program objectives:

At the conclusion of this program, participants will be able to:

- Explain the importance of insulin resistance across the cardiometabolic continuum
- Identify which patients may be candidates for insulin resistance testing
- Describe what steps to take to identify and manage insulin resistance

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Dr Atul Sachdev attended college at Johns Hopkins University and completed his medical training at the University of Texas Health Science Center in San Antonio. He attended the University of Texas at Houston for residency training, where he was chief resident. After working as a private family physician for 11 years, he opened New Horizon Healthcare in Baytown, TX. In this setting, he delivers a personalized health care model to his patients through his affiliation with MDVIP. His practice emphasizes prevention of heart attacks, strokes, and diabetes. As a trained provider of BioTE<sup>®</sup>, he also specializes in hormone management.



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