

Variability in ICAP (International Consensus on ANA Patterns) Pattern Reporting in Testing for Antinuclear Antibodies (ANA) by Indirect Immunofluorescence Assay (IFA): a Survey of Participants in the College of American Pathologist's (CAP) Proficiency Testing Program

Background

- Nuclear and cytoplasmic fluorescence patterns detected in indirect immunofluorescence assays (IFAs) for antinuclear antibodies (ANA) suggest certain types of autoimmune diseases.^{1,2}
- The International Consensus on ANA Patterns (ICAP) established nomenclature for ANA IFA patterns and defined the level of ability (competent or expert) needed to identify and interpret them.^{2,3}
- The extent of adoption of this nomenclature by clinical laboratories in reporting ANA IFA results is not known.
- **Objective:** The investigators conducted a survey of ANA IFA pattern reporting practices and use of an internal fluorescence intensity standard in ANA IFAs among clinical laboratories.

Methods

- Laboratories that participated in the College of American Pathologists Proficiency Testing programs for ANA in 2016 were sent a survey to assess pattern reporting practices and use of an internal fluorescence intensity standard in the assay.

Results

- A total of 638 respondents indicated they perform ANA IFAs and report a fluorescence pattern; the percentage reporting competent-level nuclear patterns ranged from 42% for nuclear dots to almost 100% for nucleolar.
- Pattern reporting varied for other cellular components:
 - 18% of respondents report nuclear envelope patterns (all expert-level patterns).
 - From 10% (for polar) to 69% (for golgi) of respondents report competent-level cytoplasmic patterns.
 - From 32% (for lysosomal) to 59% (for spindle apparatus) of respondents report expert-level cytoplasmic patterns.
- Of 519 respondents who report types of nuclear speckled patterns
 - 29% report dense fine speckles (competent-level pattern).
 - Up to 48% report other competent and expert-level patterns.
- 54% of respondents use an internal fluorescence intensity standard in their ANA IFA assay.

Conclusions

- Clinical laboratories use variable practices to report ANA IFA fluorescence patterns.
- Reporting of cytoplasmic patterns is more limited than is reporting of nuclear patterns.
- Variability in pattern reporting may be due in part to the failure of almost half of clinical laboratories to use internal fluorescence intensity standards in their ANA IFAs.

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Authors

Stanley J Naides,^{1,2} Jonathan R Genzen,^{2,3} Gyorgy Abel,^{2,4} Mu Shan,² Christine Bashleben,² Mohammad Qasim Ansari^{2,5}

Affiliations

¹ Quest Diagnostics Nichols Institute, San Juan Capistrano, CA

² Diagnostic Immunology Resource Committee, College of American Pathologists, Northfield, IL

³ University of Utah/ARUP Laboratories, Salt Lake City, UT

⁴ Lahey Clinic Burlington, Burlington, MA

⁵ Cleveland Clinic, Cleveland, OH

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Webpage

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References

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